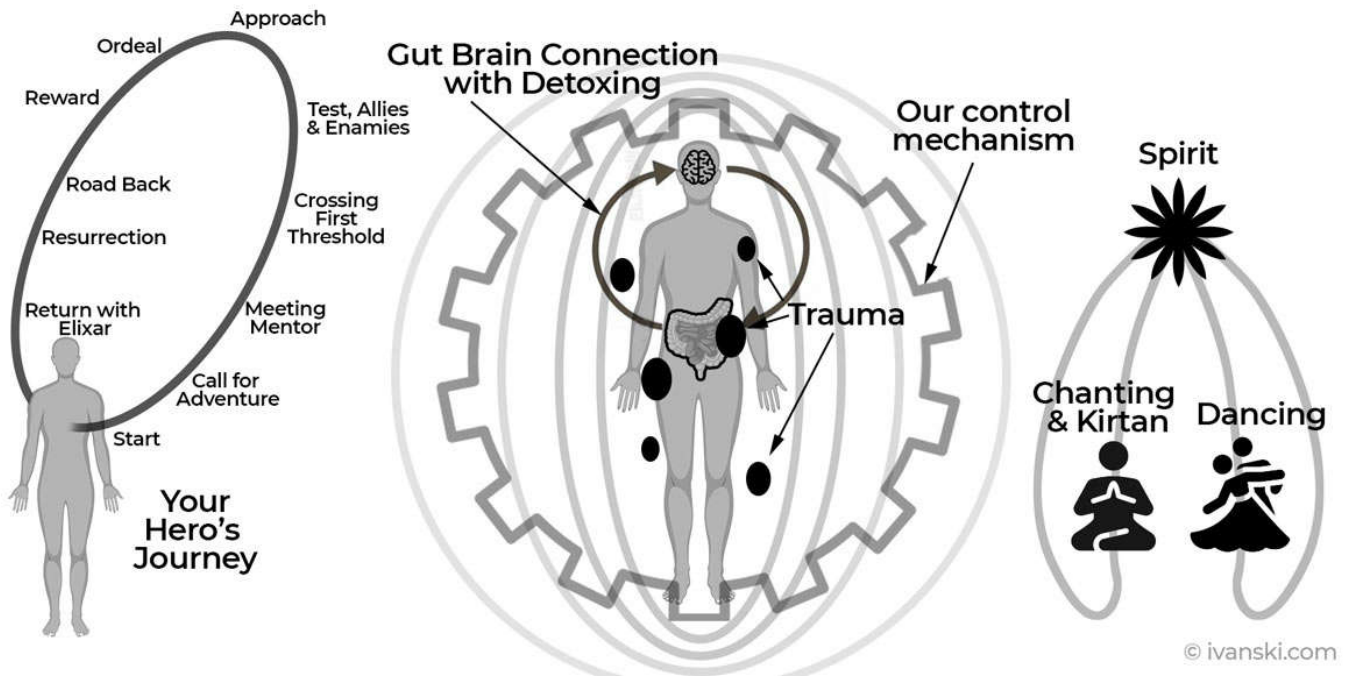


The 5 Steps to Finding Yourself

The 1 page blueprint to life's greatest search, for oneself.

How **30 Years of Searching** and I finally found these **5 powerful ways** that I've discovered in **finding my true self and living it**. Without having a guru, doing hours of meditating or rituals that don't work.



Step 1: Release your trauma – What is something that has traumatised you as a child? Ask yourself, what would life be like if you did not have this burden over you? Try to stay there.

Step 2: Let go and Surrender – Surrendering the control structure. Which is the ego. Allow the higher self to take control. Self-acceptance of where we are to then choose where we want to be. True sense of control is surrendering to the control we have to something else deeper.

Step 3: Singing, Chanting, & Dancing – Dropping the thoughts of what is going on in the mind, and allow the body and music to move you. It's almost as if the soul is dancing through you.

Step 4: Detoxing for Natural Bliss – It's truly a doorway to natural bliss and pure life force energy racing through your body. Also the strong connection to spirit, masculine and feminine.

Step 5: Your Hero's Journey – We all have our own hero's journey we are going through. When you get challenges, it's great to know that we should not give up on our ultimate true quest in life. And to anticipate obstacles and be willing to do whatever it takes to overcome them.

Explore **9 paths to finding yourself**, feeling fulfilled, and **discovering inner peace** in this brand new program. It's the **Ultimate Roadmap to Finding Yourself, Living Your Mission and impacting the world**.

[YES. I'm committed to finding myself]

ivanski.

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